

FREE PATTERN: THE JOSEPHINE DOLL

(ANLEITUNG GEFUNDEN AUF WWW.WHILESHENAPS.COM)



To make a Josephine Doll you'll need:

- scraps of quilting cotton in flesh tone for the face and arms, in a print from the dress, and in a contrasting print for the tights
- wool-blend felt for the hair
- fiberfill stuffing
- coordinating thread
- embroidery floss (I use black, peach, and pink)
- optional: wool balls and buttons, lipstick to blush the cheeks

Josephine Doll Template and print them out. You'll cut along the outer lines and sew along the inner lines.

Cut everything out.

From felt cut:

- 1 Back of Head
- 1 Hair
-

From flesh toned quilting cotton cut:

- 1 Back of Head
- 4 Arms (reversing 2)
-

From the quilting cotton for the dress cut:

- 2 Dresses
-

From the quilting cotton for the tights cut:

- 4 Legs

Transfer all of the markings to the fabric with a disappearing fabric marker or chalk (or even a pencil will work).



Place the hair on the face. Pin. Sew along hairline. (If you'd like to embroider the face before stuffing, do it now. I prefer to embroider afterwards so that I can see the whole doll first.)



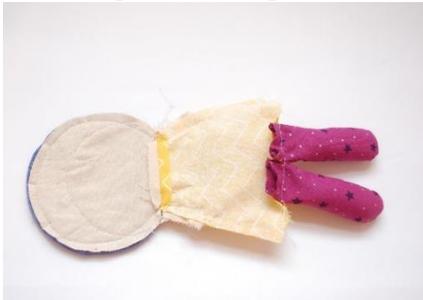
Place the face on the dress, right sides together, matching up the markings. Pin. Stitch across, attaching the face to the dress. Place the felt back of head on the other dress piece, right sides together, and stitch across in the same way. Press the seams open.



Match two leg pieces right sides together and stitch around, leaving the opening as marked. Repeat with the other two leg pieces. Match two arm pieces right sides together and stitch around, leaving the opening as marked. Repeat with the other two arm pieces. Clip the seam allowances around the curves on the arms and legs and turn the arms and legs right side out. Press. Stuff the limbs, stuffing firmly at the tip and then only very lightly, leaving the last 3/4 inch unstuffed on each.



Place the arms on the front of the doll, as marked. Baste. Place the legs on the front of the doll as marked. (Note that the legs are placed straight up and down which means that a bit of the leg fabric hangs off the edge of the dress.) Baste.



Place the doll front on the doll back and pin around the sides and top. Leaving the legs hanging out for now, stitch around the sides and top of the doll, beginning at one bottom corner of the dress, going up around the head, and coming back down at the other corner of the dress, leaving the opening as marked. (The raw edges of the arms will be sewn into the seams.)



Now push the arms up into the head to keep them out of the way. Push the legs into the body. Stitch across the bottom of the dress. (The raw edges of the legs will be sewn into the seams.)



Clip the seam allowance at the curves, especially at the neck. Turn the doll right side out through the opening in the dress. Stuff the doll firmly, beginning with the head. Close the opening with a ladder stitch.

To embroider the face, thread an embroidery needle with 3 strands from a length of 6-ply floss. Tie a knot in the end. Insert the needle through the seam between the front and back of the head, coming up at one eyelash. Pull on the floss to pop the knot inside the doll. Make two straight stitches for eyelashes. For open eyes use satin stitch and back stitch the nose and mouth. For closed eyes use back stitch for the eyes and mouth.



Embellish your Josephine Doll any way you like. I attached wool balls for hair and random buttons on the dress. If you'd like, dip your finger in lipstick, blot on a tissue, then rub in circles on the face to make blushed cheeks.

Enjoy!

